

RECOVERY COURSE

Overcome
Compulsive
Behaviours

15 weeks to freedom • Starts Tue 18th Sep

EMAIL → rc@winvin.org.uk

Are you struggling with an addiction to eating, alcohol, drugs, porn, shopping, medication, exercise, relationships, technology, self-harm, sex, gambling?

Is some form of compulsive behaviour spoiling your life?

Join this free 15-session programme based on the 12-steps, in association with Churches Together Winchester. Open to anyone.

Schedule

Weekly on Tuesday evenings from 18 September, with a free simple meal at 6:30pm followed by video and discussion 7-9pm.

Course Venue

Winchester Vineyard
Bar End Industrial Estate
Bar End Road
Winchester SO23 9NP

Book On

Booking for the course is completely confidential. Please email your Christian name to: rc@winvin.org.uk